| **YOUR NAME**  **Mental Balance Sheet** | |
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| **Assets** | **Liabilities** |
| **Intellectual Capital** | |
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| **Empirical (Experiential) Knowledge** | |
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| **Moral Compass** | |
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| **High School Graduate**  **Mental Balance Sheet** | |
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| **Assets** | **Liabilities** |
| **Intellectual Capital** | |
| High School Diploma | Lacks advanced education |
| Academic Knowledge and Skills –  Strong in Math and Science | Needs to improve writing skills |
| Computer skills -  Word  Excel  WordPress |  |
| Intelligence  Creative problem solver |  |
| **Empirical (Experiential) Knowledge** | |
| Learning from mistakes | A powerful fear of failure |
| Strong social (people) skills | Frequent negative, pessimistic attitude |
| Values ambition | Failure to form goals and stay focused on them |
| Organization | Wasting valuable time and mental energy online with social media or gaming |
| Internet Marketing / building a presence | Sometimes repeating mistakes |
|  | Hanging out with unmotivated ​friends who are jealous of his ​​success and talent |
|  | Unaware of change in the world |
|  | Not adapting well to change |
| **Moral Compass** | |
| High Moral Values:  Honesty  Respects self and others | Spending too much time with people of bad character |